

INSPECTION REPORT

10TH WBPF EUROPEAN BODYBUILDING
AND PHYSIQUE SPORTS CHAMPIONSHIPS
FOR MEN AND WOMEN
& 10TH EBPF ANNUAL CONGRESS



MAY 24-26th, 2019
BUDAPEST, HUNGARY



WELCOME MESSAGES:

WELCOME

WBPF Hungary is proud to host the 10th WBPF European Bodybuilding and Physique Sports Championships in the City of Budapest, Hungary.

The organizing committee of the 10th WBPF European Bodybuilding and Physique Sports Championships 2019 wishes to extend a warm welcome to all member countries of the EBPF (European Bodybuilding and Physique Sports Federation).

Dear Delegates, Athletes and Bodybuilding and Physique Sports Enthusiasts,

We wish to extend our great pleasure and warm welcome to our guests of the 10th European Bodybuilding and Physique Sports Championships 2019 in the city of Budapest. This outstanding international event is being organized for the third time (second time in this city) and we are proud that we have been given the honour to host these championships. We are honoured that the EBPF has given the confidence and trust to WBPF Hungary, as a host of these continental championships of Europe in our country. We assure you that during your visit, we will do our utmost best to make your stay comfortable, memorable and entertaining and make these championships a great success.

We welcome all WBPF/EBPF officials, all participants, delegates, guests and supporters and wish everybody an enjoyable stay in our country.

Sincerely yours,

The Organizing Team of 10th WBPF European Championship



Peter Sebestyen

WBPF Hungary President

WBPF Medical & Anti-Doping
Committee Member

EBPF Executive Council Member



Andrea Gergely

WBPF Hungary Vice President

EBPF Executive Council Member



Tamas Vladar

WBPF Hungary Vice President

MESSAGE

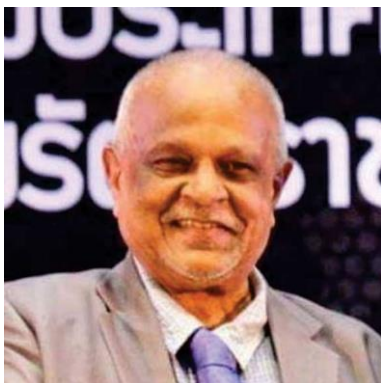
It is with great pleasure that I take advantage of this opportunity to send you several words of greetings on behalf of the WBPF.

From 24th -26th May 2019 the 10th EBPF European Bodybuilding and Physique Sports Championships will be held in Budapest, Hungary under the controlling organisation of WBPF Hungary. When I speak about people in Hungary, two names stand out like bright stars in the night. Those names are Mr Peter Sebestyen, President and Ms Ildiko Buranits, Secretary. Both worked diligently enough to bring into their federation bright young and energetic people who are able and willing to work and dedicate their time to the development of our sport in Hungary. Both Peter and Ildiko need to be congratulated for their time, energy and money spent to promote Bodybuilding and Physique Sports in Hungary. By hosting this continental event, it is evidence that their passion and love for our sport is testimony by itself.

The European Bodybuilding and Physique Sports Federation (EBPF) are in good hands led by Mr Axel Bauer (President) and Ms Ildiko Buranits (Secretary-General). The dedication of these two people has played a vital role in the development of Bodybuilding and Physique Sports throughout Europe. In the meantime, our sport in Europe has never been more popular. This is mainly due to the dedicated, devoted and hardworking people that constitute the Executive Council of the EBPF.

I still have fond memories of the 5th WBPF World Championships held at Budaors, Hungary in the year 2013 - the warmth and kindness of the Hungarian people have inspired me tremendously.

I wish all participants continued great success at this year's European Championships and Congress.



Datuk Paul Chua

Secretary-General World Bodybuilding and Physique Sports Federation (WBPF)
President Asian Bodybuilding & Physique Sports Federation (ABBF)

DEAR DELEGATES AND ATHLETES,

It is both a great honour and pleasure to announce that the 10th WBPF European Bodybuilding and Physique Sports Championships will be organized and conducted this year by WBPF Hungary under the capable leadership of President Peter Sebestyen, Secretary General Ildiko Buranits and Vice President Andrea Gergely.

This important event will be celebrated in the historic city of Budapest, the capital of Hungary, and it will be organized by our most experienced and capable organizer in Europe, WBPF Hungary, which has already organized 2 WBPF European Championships before in 2011 and 2016. WBPF Hungary also hosted the extremely successful 2013 WBPF World Championships and it is the only European country in WBPF history who undertook the duty to masterfully organize WBPF World Championships.

The team of WBPF Hungary is a key player in Physique Sports in Europe and the World and is doing a great job year after year since the formation of EBPF and I am convinced that all participating federations with all their teams will have a great time in the beautiful country of Hungary.

It is definitely worth to stay a couple of more days after the Championships to enjoy the historic city of Budapest or visit the nearby lakes and plains.

The organizing committee of WBPF Hungary will do its utmost best to make your stay comfortable, memorable and unforgettable and I am sure that everybody will bring back great memories from these historic 10th WBPF European Bodybuilding and Physique Sports Championships.

Yours in Sport,



Axel Bauer
EBPF President
WBPF Vice President for Europe



AIRPORT

Budapest Ferenc Liszt International Airport (IATA: BUD), formerly known as Budapest Ferihegy International Airport and still commonly called just Ferihegy, is the international airport serving the Hungarian capital city of Budapest, and by far the largest of the country's four commercial airports. The airport is located 16 kilometres (9.9 mi) southeast of the center of Budapest (bordering Pest county) and was renamed in 2011 in honour of the most famous Hungarian composer Franz Liszt (Liszt Ferenc, in Hungarian) on the occasion of the 200th anniversary of his birth. The official taxi company of Budapest Ferenc Liszt International Airport is "Főtaxi".



HOST CITY



Budapest is the capital of Hungary and the largest in East-Central Europe. Cited as one of the most beautiful cities in Europe, its extensive World Heritage Site includes the banks of the Danube, the Buda Castle Quarter, Heroes' Square and the Millennium Underground Railway, the second oldest in the world. Other highlights include a total of 80 geothermal springs, the world's largest thermal water cave system, and third largest Parliament building.

Most popular attractions: **House of Parliament:** The governing powers of Hungary are housed in the third largest parliament building in the world. A competition was held to find a suitable design for the building and it was won by Imre Steindl who completed the building in 1904. His design was inspired by the English House of Parliament. The building incorporates Gothic Revival elements and has turrets and towers but also has Renaissance and Baroque elements like the massive central dome. The Hungarian parliament has a Lower and Upper House; the Lower House is in the northern wing and the Upper House in the southern wing. They are joined by the Dome Hall. The northern wing also houses the Prime Minister's offices and the southern wing houses the offices of the President of the Hungarian Republic.



St Stephens Basilica: One of Budapest's greatest landmarks is this beautiful church which stands on the Pest side of the city. The church construction was completed in 1906 having taken 50 years to build. The church is named after King Stephan (975-1038), the first king of Hungary. The church holds many exquisite frescoes, mosaics, statues and beautiful altar pieces. It is possible to take a tour of the church, visit the church for free and visit the Treasury and tower for a fee. From the top of the tower, there are spectacular views across the city. In the Szent Jobb Kápolna Chapel on the left of the church is the mummified hand of St. Stephen called the Holy Right.

Buda Castle District: The UNESCO World Heritage Committee has listed the view of the Danube embankments and the Buda Castle District - which is one of the most beautiful and romantic parts of the city of Budapest - as a World Heritage site on the 11th of December, 1987. The former Royal Palace and its supply buildings are an organic but separate part of the Castle District. Some of today's most important cultural institutions, such as the Budapest History Museum (Wing E, southern end of the building), as well as the Hungarian National Gallery (Wings A-B-C-D) and the Hungarian National Library, named after the founder Ferenc Széchenyi (Wing F) have moved to the Royal Palace. The formal residence of the Prime Minister, the Alexander Palace, is the President's Residence and home today.



The most visited site is Trinity Square, dominated by one of Budapest's most characteristic building, the **Mathias Church**, which is over 700 years old. The church itself is almost of the same age as the Royal Palace, and gave home to many coronation ceremonies. Many kings and emperors left their mark on the church, even before the Turkish occupation, when the church was converted into a mosque and its walls whitewashed. Inside lie in their sarcophaguses King Béla the 3rd and his Queen; many visitors also visit the church for its vast ecclesiastical collection. Today's version of the church was finalized at the turn of the 19th century, when several smaller buildings were annexed to it and it was renovated in the Neo-Gothic style. It gives home to a great many concerts, due to its excellent acoustic properties. The Gothic tower of the Mathias Church, with the Fishermen's Bastion in the background, is one of the most frequently photographed tourist sites in Hungary.



The **Heroes' square** is one of the most visited sights of the Hungarian capital is situated in front of the **City Park**, at the end of the Andrassy Avenue, one of the most important streets of Budapest, a World Heritage site. The millennial monument was built in 1896 to commemorate the 1000th anniversary of the arrival of Hungarians in the Carpathian Basin. The niches are decorated by the statues of kings, governors and famous characters of the Hungarian history.



In the middle of Heroes' square stands a 36 metres high corinthian column with the statue of Archangel Gabriel on the top, the symbol of the Roman Catholic religion. At the pedestal the equestrian statues commemorate Árpád and the seven chieftains of the Hungarian tribes, who settled their people in the present territory of Hungary. His descendants formed the

Hungarian royal dynasty. At the two sides the representative buildings of the **Museum of Fine Arts** and the **Art Gallery** both worth a visit.

VENUE SITE

Date: May 24-26, 2019
Venue: **MOM Sport Hall**: H - 1123 Budapest, Csörsz street 14.
Registration, Weigh-In, Competition, Farewell Party




MOM Sport

This complex, which takes place on 70.000 m² and has a 5-star trade mark, can uniquely serve the most different wants. High standard, modern and can excellently satisfy the highest expectations as well. **The sport-and event hall** is suitable for sport events, conferences, press conferences, exhibitions, proms, company parties, company gala dinners, concerts and fashion shows as well. It has several serving-rooms: 2 pieces of locker-rooms of 60 heads, 1 peace of a smaller dressing room (4 heads), catering room and a VIP room. It has a **swimming pool** with 3 pools: a competition pool and an instructors pool inside, and an outdoor pool which operates as a beach pool during summer (during winter time it is covered with a heated tent). The wellness area gives the opportunity for recreation with its 16-person fun pool (Jacuzzi), 2 Finnish saunas and a steam cabin. The 40 x 20m **football-field** covered with artificial grass, supplied with planks and ruling is open in every seasons. The 140m² **conference room** is air-conditioned, one wall is covered with mirror, and has an inbuilt sound and projection system. This room is not only suitable for dance classes but a great place for small conferences, press conferences and standing receptions. One of the unique services of the complex is the 2500 m², tended, grass covered, fenced **MOM Sport Garden**, which offers an attractive beach area during summer, and beside this a great place for garden parties, company family days, gastro events and open-air concerts. MOM Sport Garden is a place for the popular fields of community-and sport life, which can be used for free of charge in every season. These fields are the playground for children and the Street Gym. During global football events the Garden is one of the most liked outdoor fan clubs in Budapest.



MOM Sport hosts the region's most liked service-providers mentioned above: **Fitness & More**: professional luxury fitness center with functional training rooms & wellness, **Fájdalom Ambulancia**: main speciality is the treatment and rehabilitation of sport injuries, locomotor diseases, **Cserpes Tejivó & Kiscuki** milkbar and sweet shop, **Beauty & GO**: hairdresser and nail-box, **Chocolate Brown Exclusive Solarium**.

IMPORTANT NOTICE!

-  The Hotel accommodation must be arranged **INDIVIDUALLY!**
-  Only limited number of rooms can be available! If the recommended hotels are fully booked please let the organizers knows in order to provide another optional Hotel!
-  Shuttle service is **NOT PROVIDED** by official hotels to the competition venue and back!

OFFICIAL HOTELS

NOVOTEL BUDAPEST CITY****



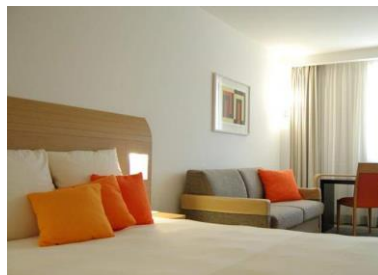
Please send to Mr Andras Meszaros the attached Authorisation Form to get the following special “EBPF / WBPF” prices: Booking Email: H0511-SL2@accor.com

Single room: **129 EUR** / room / night with breakfast and taxes

Double room: **143 EUR** / room / night with breakfast and taxes

Relax in 4-star comfort on the Buda side of the Danube at Novotel Budapest City, 20-minute walk from the castle and only 10 minutes from the downtown by public transportation. Breakfast with local specialities in the sunlit restaurant or under the trees on the terrace gets your day off to a bright start. Unwind after a day of sightseeing in your airy, modern room at Novotel. Free Wi-Fi is available in the entire Hotel.

Novotel Budapest City offers an indoor pool, a sauna, and a fitness centre. The spacious, air-conditioned rooms at the Novotel Budapest City are furnished in a modern style and include an LCD satellite TV, a minibar, and a safe. Hungarian cuisine and international dishes are served in the air-conditioned Café Lounge restaurant. The Novotel Budapest City is only 3 bus stops from the city centre. The “Deli Palyaudvar” (South Railway Station) Underground Station can be reached within 2 minutes by tram line 17 and 61.



Just a few minutes by walk from the venue.



DANUBIUS HOTEL FLAMENCO****



Booking link for EBPf / WBPf members: <https://www.danubiushotels.com/en/hegy230519>

Prices are guaranteed until 28 April, after this date the current selling price will be charged!

Single economy room:	89 EUR / room / night with breakfast and taxes
Double economy room:	99 EUR / room / night with breakfast and taxes
Single standard room:	99 EUR / room / night with breakfast and taxes
Double standard room:	109 EUR / room / night with breakfast and taxes
Single executive room:	119 EUR / room / night with breakfast and taxes
Double executive room:	129 EUR / room / night with breakfast and taxes

Danubius Hotel Flamenco is a 4-star hotel in Budapest surrounded by a beautiful park, tennis courts, jogging paths, located only 15 minutes from the heart of the city. The hotel offers 347 comfortable and well-equipped guestrooms with free wi-fi, air-condition, bathroom, TV with satellite channels, minibar, telephone, radio, hairdryer, safe, wireless internet connection for it's guests. The restaurant provides both international and Hungarian cuisine and offers a wide range of specialities, sweet delicacies and fitness menus. The hotel boasts a 24-hour front desk service. There is an indoor swimming pool at the hotel, and the guests can also enjoy the following spa/wellness facilities: fitness room, aerobic studio, sauna, and solarium, hairdresser and beauty parlour, massages, manicure, pedicure.

Parking: The hotel is surrounded by parking lots, which charge parking fee per hours during weekdays from 08:00-18:00, but available for free during weekends. Athletes, officials and delegates are responsible for their own parking, at everyone's own expense.





6 stations by tram line 17 or 61 to the MOM Sport from the Hotel. (Hotel station: Tas vezér utca; Venue station: Csörsz utca)

REGISTRATION PACKAGE FEE

Each official participant (athletes and delegates, including delegates without competitors), must pay the **registration fee** to the organizing committee. Every participant can choose from the following packages:

	Includes:	Doesn't includes:	EUR
A Registration fee for Officials & Delegates	<ul style="list-style-type: none"> Free entries Backstage access Lunch (Saturday, Sunday) Dinner (Friday, Saturday) Gala Dinner (Sunday) During the event: snacks (tea biscuits, scones), water, coffee, etc... Official T-Shirt 	<ul style="list-style-type: none"> Transfers Accomodation Breakfast 	180
B Registration fee for Athletes	<ul style="list-style-type: none"> Registration fee for only one competition category Lunch (Saturday, Sunday) Dinner (Friday, Saturday) Gala Dinner (Sunday) Official T-Shirt 	<ul style="list-style-type: none"> Transfers Accomodation Breakfast Backstage access 	215
C Extra competition categories / category			50
D Backstage access / person			50
E Gala dinner / person			30
F Extra dietary meal / portion Meal contains steamed chicken breast or fish or beef (150 gr meat) with steamed rice and vegetables.			10

This fees will be collected at the time of Official Weigh-In & Registration by the Organizing Committee. The team managers of each country have to pay the registration fee of the whole national team. Only Cash Payments in EUR will be accepted for registration fees. ATM machines are available near the event hall where you can withdraw cash from the credit card.

DISCIPLINES and CATEGORIES (tentative): Total forty-two (42) categories

FITNESS PHYSIQUE	MEN	Senior	one open
	WOMEN	Junior (up to 23 yrs)	one open
		Senior	up to 165 cm
			over 165 cm

MODEL PHYSIQUE	WOMEN	Junior (up to 23 yrs)	one open
		Senior	up to 160 cm
			up to 165 cm
			up to 170 cm
			over 170 cm
		Lady	over 30 yrs: one open
over 40 yrs: one open			

SPORT PHYSIQUE	MEN	Senior	up to 170 cm (-2 kg)
			up to 175 cm (0 kg)
			up to 180 cm (+2 kg)
			up to 185 cm (+4 kg)
			over 185 cm (+4 kg)
		Master (over 40 yrs)	one open
	WOMEN	Senior	up to 165 cm
			over 165 cm
Lady		over 30 yrs: one open	
		over 40 yrs: one open	

ATHLETIC PHYSIQUE	MEN	Senior	up to 167 cm (+4 kg)
			up to 175 cm (+6 kg)
			up to 182 cm (+8 kg)
			over 182 cm (+10 kg)
		Master (over 40 yrs)	one open
	WOMEN	Senior	up to 165 cm
			over 165 cm
Lady (over 40 yrs)		one open	

MUSCULAR PHYSIQUE	WOMEN	Senior	one open
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BODYBUILDING	MEN	Junior (up to 23 yrs)	one open
		Senior	up to 75 kg
			up to 80 kg
			up to 85 kg
			up to 90 kg
			up to 100 kg
			over 100 kg
		Master	40-49 yrs / up to 80 kg
			40-49 yrs/ over 80 kg
			50-59 yrs: one open
			over 60 yrs: one open

BODYBUILDING	MEN	HANDICAP	one open
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IMPORTANT NOTICE!

- In Men's Athletic Physique up to 160 cm category the rate calculation is the following:
- up to 160 cm max. weight (in kg) = height (in cm) – 100 (max. + 2 kg allowance)

PRELIMINARY ENTRY AND FINAL ENTRY

Please co-operate and submit your entry forms in time as per deadlines indicated in the forms.

All competitors register through the WBPF Hungary and EBPF (European Bodybuilding and Physique Sports Federation) and are requested to submit their International Entry Form by e-mail to:

1.) WBPF Hungary: Mr Peter Sebestyén / Ms Andrea Gergely
info@wbpf.hu

2.) EBPF (European Bodybuilding and Physique Sports Federation): Mr Axel Bauer
office@ablaw.at

WEIGH-IN AND REGISTRATION

Weigh-In and registration will take place at the Conference room of the MOM Sport Hall, on May 24th, 2019 between 14:00-18:00 hrs.

It is the responsibility of the Chief Delegate or Team Manager to make sure that all athletes are on time for the Weigh-In and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will be disqualified.

IMPORTANT NOTICE!

- 👤 Each athlete must bring his/her passport and posing music to the weigh-in and registration, failing which the athlete will not be processed.
- 👤 No G-String bikinis are allowed. An athlete must comply with specification sheet attached and they must produce their bikinis for verification and approval for the competition at the Weigh-In area. The bikinis will be stamped with a marker as an approval by the Judge's Committee.
- 👤 During the Weigh-In, all female athletes should be properly dressed (sports clothing).
- 👤 At the opening ceremony, if you were to allocate female athletes, she should also appear in a track suit and not in bikini.

BACKSTAGE ACCESS / DRESSING ROOM ACCESS

Access to the backstage and/or dressing room areas shall be strictly limited only those who have registered and purchased the backstage access tickets.

TANNING & EXTRA SERVICES

We are happy to be there to help you to have the perfect colour!



The athletes can meet with the representative of Pro Tan Europe at the registration to ask for more information about tanning procedure.

You will be able to buy products as well with special sale prices!

BOOK YOUR APPOINTMENT: <http://www.protan-europe.com/book-your-tan>





Some useful advices:

- DON'T USE deodorant / anti-perspiration sprays and lotion products in the morning of the tanning. The skin will not take in the colour properly.
- WATCH OUT for the method of your depilation. Do not bruise your upper skin.
- DO USE skin peeling product (Get Buffed) starting with the last 2-3 days to get rid of the „dead skin“. So you can avoid dotty and dirty-looking skin after tanning.

Special Services:

- **TO PUMP UP & SHINE** - If you need only oil or vasculizer or just a final touch up for your body - please let us know.
- **WHOLE DAY CORRECTION** - We will be there till the end of the competition to repair colour or streak and put another oil/vasculizer if there will be more stage appearances.
- **FIXING YOUR BIKINI** - We can fix your bikini with our special product, Bikini Bite from Protan. It is included in the tanning service. It is washable with soap and smooth to your skin.
- **PROFESSIONAL MAKE UP TEAM** - Professional make up service will be available for you! We have been working together from the beginning so they really know how a perfect stage make up should look like.
- **COVER YOUR TATTOS** - Our makeup artists can do it for you too. If you have big tattoos on your body they will cover them perfectly without reducing your muscle definition on those parts.
- **HAIR TOUCH-UP** - Our hair dressers can do final touch-up on your hair. For women and men too!

PRICES:

 Tanning (2 layers):	65 Euro
 Tattoo Cover up:	30-60 Euro (It depends on the size of the tattoo.)
 Make up:	50 Euro
 Hair Dresser:	25 Euro

CAMERA / VIDEO TAPE EQUIPMENT

Camera and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the WBPF authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

OPENING CEREMONY

National dress code or track suits to be worn by delegates and/or officials taking part in the Parade of Nations. Only one (1) delegate and one (1) competitor per country must take part in the Opening Ceremony.



TENTATIVE DAILY PROGRAM

May 24th, 2019 (Friday)

Arrival of all participating teams and officials into MoM Sport.

- 14:00-18:00 Weigh-In of all bodyweight categories and height measurements and checking of age groups. (MoM Sport / Conference room)
- 18:30-20:00 European Judges Seminar & Exam (MoM Sport / Office/Meeting room)
- 18:00-20:00 Dinner for all participants (Egyetem Étterem / University Restaurant)

May 25th, 2019 (Saturday)

- 09:00-09:45 Team Managers Meeting (MoM Sport / Conference room)
- 10:00-10:45 Judges Meeting (MoM Sport / Conference room)
- 11:00-11:45 EBPF Annual Congress (MoM Sport / Conference room)
- 12:15-14:00 Lunch for all participants (Egyetem Étterem / University Restaurant)
- 14:00-14:30 Greeting and Opening Ceremony (one delegates and one athletes on the stage)
- 14:30-18:00 Competition: **(Total 15 categories)**

1	Fitness Physique	Men	Senior	one open	quarter turns
2	Fitness Physique	Women	Junior (up to 23 yrs)	one open	quarter turns
3	Athletic Physique	Women	Lady (over 40 yrs)	one open	
4	Athletic Physique	Women	Senior	up to 165 cm	
5	Athletic Physique	Women	Senior	over 165 cm	
6	Athletic Physique	Men	Master (over 40 yrs)	one open	
7	Athletic Physique	Men	Senior	up to 167 cm	
8	Fitness Physique	Men	Senior	one open	routine
9	Fitness Physique	Women	Junior (up to 23 yrs)	one open	routine
10	Bodybuilding	Men	Master (over 60 yrs)	one open	
11	Bodybuilding	Men	Master (50-59 yrs)	one open	
12	Bodybuilding	Men	Master (40-49 yrs)	up to 80 kg	
13	Bodybuilding	Men	Master (40-49 yrs)	over 80 kg	
14	Bodybuilding	Men	Junior (up to 23 yrs)	one open	
15	Model Physique	Women	Lady (over 40 yrs)	one open	
16	Model Physique	Women	Lady (over 30 yrs)	one open	
17	Model Physique	Women	Junior (up to 23 yrs)	one open	

- 18:00-19:00 Award ceremony
- 19:00-21:00 Dinner for all participants (Egyetem Étterem / University Restaurant)

May 26th, 2019 (Sunday)

09:00-12:00 Competition: **(Total 10 categories)**

1	Fitness Physique	Women	Senior	up to 165 cm	quarter turns
2	Fitness Physique	Women	Senior	over 165 cm	quarter turns
3	Sport Physique	Women	Lady (over 40 yrs)	one open	
4	Sport Physique	Women	Lady (over 30 yrs)	one open	
5	Athletic Physique	Men	Senior	up to 175 cm	
6	Athletic Physique	Men	Senior	up to 180 cm	
7	Athletic Physique	Men	Senior	over 180 cm	
8	Fitness Physique	Women	Senior	up to 165 cm	routines
9	Fitness Physique	Women	Senior	over 165 cm	routines



10	Sport Physique	Men	Master (over 40 yrs)	one open	
11	Sport Physique	Men	Senior	up to 170 cm	
12	Sport Physique	Men	Senior	up to 175 cm	

12:00-13:00 Lunch for the judges (Egyetem Étterem / University Restaurant)

12:00-14:00 Lunch for all participants (Egyetem Étterem / University Restaurant)

13:00-17:30 Competition: **(Total 17 categories)**

1	Sport Physique	Men	Senior	up to 180 cm	
2	Sport Physique	Men	Senior	up to 185 cm	
3	Sport Physique	Men	Senior	over 185 cm	
4	Sport Physique	Women	Senior	up to 165 cm	
5	Sport Physique	Women	Senior	over 165 cm	
6	Muscular Physique	Women	Senior	one open	
7	Bodybuilding	Men	Senior	Handicap	one open
8	Bodybuilding	Men	Senior	up to 75 kg	
9	Bodybuilding	Men	Senior	up to 80 kg	
10	Bodybuilding	Men	Senior	up to 85 kg	
11	Model Physique	Women	Senior	up to 160 cm	
12	Model Physique	Women	Senior	up to 165 cm	
13	Model Physique	Women	Senior	up to 170 cm	
14	Model Physique	Women	Senior	over 170 cm	
15	Bodybuilding	Men	Senior	up to 90 kg	
16	Bodybuilding	Men	Senior	up to 100 kg	
17	Bodybuilding	Men	Senior	over 100 kg	

17:30-18:30 Award ceremony

18:30-19:00 Women's Model Physique Overall Championship
Men's Bodybuilding Overall Championship
Award ceremony

19:15-19:30 Special Award for Best Team: 1st, 2nd, 3rd places

20:00-23:30 Farewell Party in MoM Sport / Conference room (Dress code: elegant)

May 27th, 2019 (Monday)

Departure of all participants

JUDGES

In order to assist the EBPF Judges Committee in their selection of judges for these Championships, please forward your nomination for Judges from your National Federation as soon as possible but no later than April 26th, 2019. Judges must possess an International/Continental recognized judge's card and must produce it to the Judges Committee in Budapest. Please send the nomination to Mr. Walter den Branden and c.c. to the EBPF Secretariat in Vienna and the Organizing Committee for record purpose:

Mr. Axel Bauer: office@ablaw.at

Mr. Walter van den Branden: wbpsfwalter@zeelandnet.nl

Mr. Peter Sebestyen: info@wbpf.hu



Kindly nominate the name of your judges in advance; last minute submissions will be rejected. All judges should use a grey suit with the official logo of WBPF and female judges with grey blazer with grey skirt or dress pants.

MEDIA ACCREDITATION

All media accreditation, except local media, shall be controlled by the EBPF. All persons wishing to obtain media accreditation for this event must register with the EBPF by completing and signing the EBPF Media Accreditation Form. The form must be submitted to the EBPF by E-mail at office@ablaw.at and info@wbpf.hu no later than April 26th, 2019. All right reserved by WBPF Hungary.

ATHLETES WITHOUT DELEGATES

All athletes competing at WBPF European Championships must be members in good standing of their National Federations. Any athlete who arrives without a Delegate must carry an Official Letter of Authorization of Participation from his/her National Federation, failing which the athletes will not be eligible to participate.

ATTENDANCE AT THE ANNUAL EBPF CONGRESS

All National Federations officially participating in the Championships must attend the Congress meeting, including National Federations with athletes and no delegates. In this case, the athlete must attend and represent his country at the Congress.

POSING MUSIC

Posing music must be on CD or flash drive and produced with good quality. The music should be cued from the start of the CD or flash drive.

THE USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED!

VISA

Hungary is a Member of EU. Please consult to the Hungarian Embassy in your country to determine if you need a visa. Upon a request an official invitation letter shall be issued and signed by the WBPF Hungary. Please note, that the visa administration process can take 3-4 weeks. If you need help for visa administration, please send the scanned copy of your passport to WBPF Hungary and please ensure that it is more than 6 months valid.

Last minute request will not be entertained by the Organising committee!

ADDRESS / CONTACT OF THE ORGANIZING COMMITTEE

WBPF HUNGARY
2040 Budaörs
Felsőhatár u. 31.
HUNGARY
E-mail: info@wbpf.hu



ATTACHMENTS

Official Invitation Letter
Final Entry Form
Media Accreditation Form
Authorisation Form

